



12 month  
impact  
report



youth fed



There are 359,760 young people aged 8-25 in Cheshire, Halton, Warrington, Wirral, Knowsley, St Helens and Stafford...



# 12 month impact report

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Thank you



# A MESSAGE FROM THE BOARD

The Youth Federation works to make a positive difference to the lives of young people, both through its support to youth organisations and through projects that engage, empower and educate directly.

The charity continues to grow in line with its Strategic Plan and has once again seen growth in both the number of young people it works with and the services we provide. All of our work is delivered in partnership with organisations that help make a real difference to the lives of young people.

Our work over the last twelve months is set out over the following pages. We have tried to present our delivery in an easy to follow way that gets across the scale of what the charity is achieving throughout Cheshire, Halton, Warrington and Wirral. We continue to broaden the range of services we offer to youth organisations and young people to ensure that we meet the needs of all beneficiaries across our delivery area.

In 2011 the group of charities that make up the Youth Federation were restructured to better prepare it for an uncertain world. Whilst no longer a membership organisation in the strict legal sense, we continue to offer support free of charge to youth groups who affiliate with us and provide them with the resources to represent themselves to funders and commissioners.

Between January and the end of December, nearly 3,000 young people received a service from us. This work covered volunteering, social action, consultation and participation, education and employability, outdoor residential, mentoring and youth work projects.

We continue to measure the success of our programmes through the impact they have on young people. Success is not gauged by the amount of money an organisation generates, or the accolades it attracts, but by the real difference it makes to the lives of young people.



J. Bisset - Chair

# SUSTAIN

Nurturing youth groups – enabling a sustainable future



Sustain provides support to any organisation which engages with young people including uniformed groups, community groups and specialist support groups such as groups supporting young people with disabilities.

The Youth Federation's Sustain programme provides infrastructure support to a network of youth organisations that reach approximately 51,250 young people each year.

Support includes accredited training, governance, networking and marketing support, and assistance with DBS checks.

# 64

new youth group members

# 52%

increase in the number of  
non-uniformed members

# 16,896

positive interactions

# 51,250

network reach

# £52,000

funding put back directly into youth groups

# THREE

youth groups saved from closure

# 312

training opportunities delivered

# 1,534

young people involved in direct consultation

# Megan's SUCCESS STORY

Project - Success for Life at YMCA Wirral

## BACKGROUND

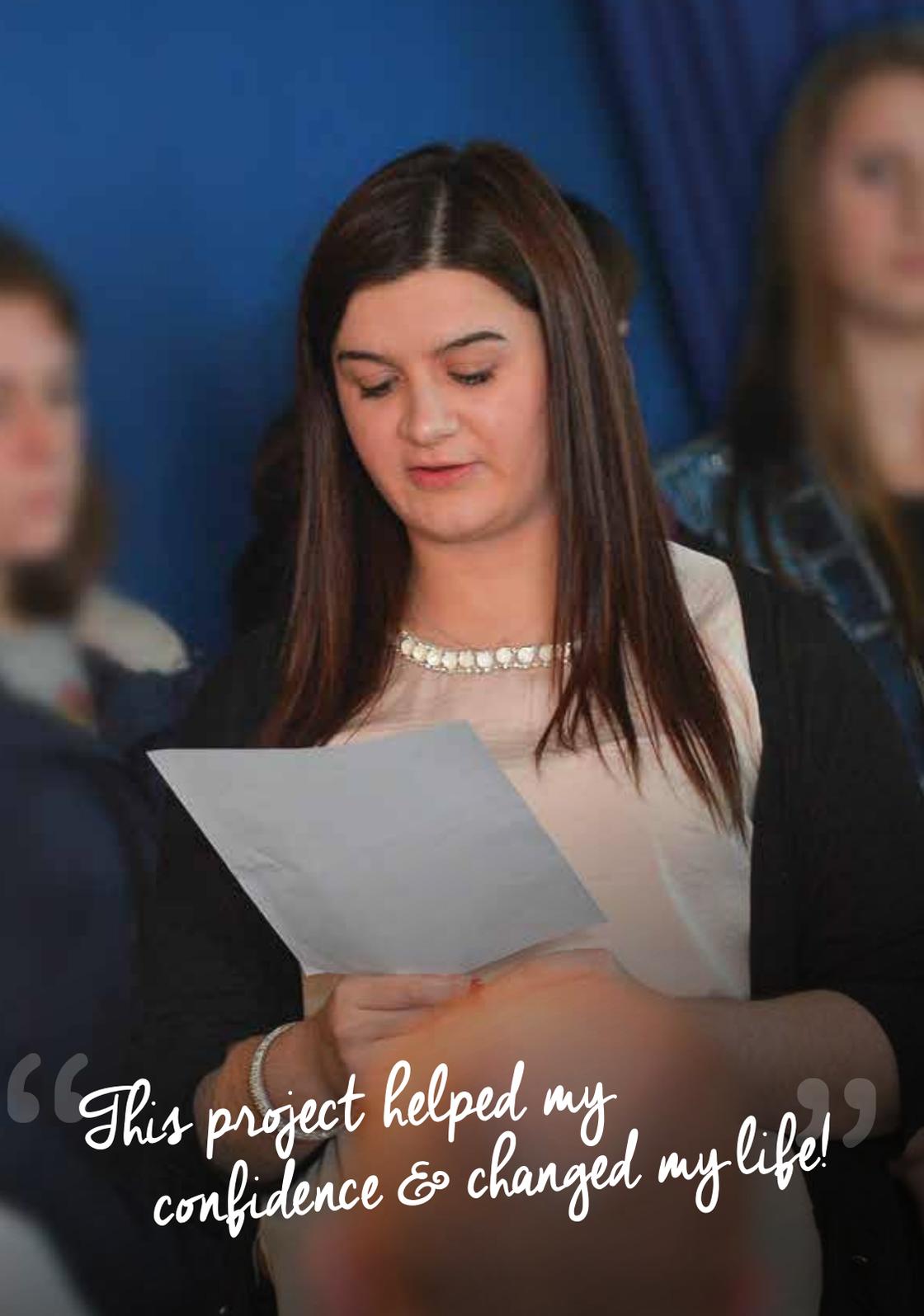
Megan, 18, suffered from acute anxiety that was preventing her from progressing in life and reaching her potential. She started on the Youth Fed, Success for Life project in October 2013. At the beginning, it was very clear that Megan struggled to assert her point of view. As the weeks passed, she steadily built her confidence and her ability to speak in front of a large group, and as a result delivered her own segment regarding confidence and young people's place within society.

## OUTCOME

Megan completed the course and became a peer mentor to the following group of 30 young people, who became involved in Success for Life commencing late January 2014. By this point her confidence had grown dramatically together with her ability to stand in front of a group and present her opinion.

## PROGRESSION

Megan is currently studying for an NVQ Level 3 in Accountancy. Part of the course requires a year-long based placement, so as a result of this we are currently in the process of securing Megan a year placement within a charity's finance department.



“This project helped my confidence & changed my life!”

# ASPIRE

## Youth work, non-formal education and life skills training to help young people discover and maximise their potential

The Youth Federation's Aspire team deliver community and young people led programmes that focus on personal and social development, helping them on the pathway to success. This is achieved through positive, structured activities, linked to accredited learning outcomes that challenge young people's energy at both a physical and intellectual level.

“

The best thing about being involved in Aspire is that I'm not just being supported by someone who believes in me, but also having someone who is helping me to start believing in myself a

590

young people worked with

9,870

sessions delivered

529

accreditations achieved

421

young people moved into employment education or training

129

different partner agencies worked with

10,233

hours delivered



again

”

# CYL

## Inspiring young people to take social action

985

Young people who went on NCS

7,480

Nights spent on residential

30,075

Hours of personal development

Changing Young Lives inspires young people aged 15-17 every year to engage in community and social action. Changing Young Lives delivers the Government's National Citizen Service across Cheshire, Halton, Warrington and the West Midlands. Through a combination of residential programmes and workshops, NCS equips young people with life enhancing skills and helps them to build a new network and engage with community groups.

Since Spring 2014, CYL has given 985 young people the opportunity to make a huge difference to their lives and others by participating in the NCS programme.

Over 80 social action projects in local communities have been completed by these remarkable young people, with graduates continuing to lead on sustainable projects.

CYL have achieved 90% of its NCS target.



**£30,000**

Money raised to  
support social  
action

**29,550**

Volunteering hours  
completed

**80**

Social action projects  
completed

Young people have raised in the region of £30,000 plus this year – a remarkable achievement for their local communities.

Over 200 staff have worked on the NCS project this year.

We have been to Windermere, Lincolnshire, Shropshire, North Wales and Staffordshire, enjoying fantastic outward-bound activities.

## KEY OUTCOMES

- Renewed confidence and improved self esteem
- Pride within themselves and the work that they have done
- Sense of belonging to team and local society



the tomorrow's  
**leaders**  
PROGRAMME

The Tomorrow's Leaders programme will be available to all young people aged 15+. The programme will **develop employability skills, engage them in the local community, and provide opportunities to acquire additional accreditations**, encouraging a natural progression for all young people involved in the Youth Federation activities. The programme will be delivered in a variety of fun and interactive ways that will prepare young people for the world of work and enhance their curriculum vitae. We want to inspire young people to create their own social action plans and volunteer within their communities, whilst providing workshops with businesses to improve confidence and encourage them to shout about their skills.

We are looking for businesses to make up a Tomorrow's Leaders Corporate Board that will have input in the programme development. By helping us with activities such as mock interviews, workplace visits and money skills, together we can create a programme which is enriched with ideas and knowledge that will make our young people more employable.



Please contact us for more information  
0151 357 1971 | [www.youthfed.org.uk](http://www.youthfed.org.uk)



THANK  
YOU!

A massive

THANK YOU

to all of our partners & supporters

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