



## Programmes for Young People

### ASPIRE

Aspire offers a range of personal and social development programmes outside the framework of the formal education environment, to help raise the aspirations of young people and enable them to discover and maximise their potential. The team works specifically with young people who are at risk of being, or are currently 'Not in Employment, Education or Training'



*"I struggled in school and got angry a lot. @YouthFederation helped me learn in a different way, and I'm doing much better now. I'm proud of myself"*



0151 357 1971  
[www.youthfed.org.uk](http://www.youthfed.org.uk)

 Youth-Federation  YouthFederation

Rossmore Business Village  
Inward Way  
Ellesmere Port  
CH65 3EY

Reg Charity No. 1143231-2





# youth fed

The Youth Federation is one of the North West's leading youth charities, supporting young people aged from eleven to twenty five years' old.

We make a positive impact on the lives of thousands of young people, from all backgrounds, and provide support to a network of youth organisations that reach more than 50,000 young people each year.

Youth Federation draws some money from government contracted work. However, the charity largely relies on corporate support and individual donations.

With its head office in Ellesmere Port, it runs a number of programmes across 3 key areas of youth development:

- Social Action and Volunteering
- Youth Group Support
- Programmes for Young People.

# #bemore

## Social Action and Volunteering

### Changing Young Lives delivers National Citizen Service (NCS)

Changing Young Lives inspires thousands of young people aged 15 – 17 every year to engage in social action. Changing Young Lives delivers the Government's National Citizen Service across the North West. Through a combination of residential programmes and workshops, NCS equips young people with life enhancing skills, helps them to build a new network, and engage with community groups.



## Youth Group Support SUSTAIN

The Youth Federation's Sustain programme provides infrastructure support to a network of 650 uniformed, non-uniformed and specialist youth organisations that reach more than 50,000 young people each year. Support includes accredited training, governance, networking, marketing support, and assistance with generating funding.

